

SUMMER 2026

NOURISH NEWS



Updates for the parents of babies and kiddos in the Nourish Study



OVERVIEW:

- Summer Updates
- Anthropometrics and Growth
- Where are they now?
- Nourish at PAS

Contact us with any questions or updates!

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Happy Summer!



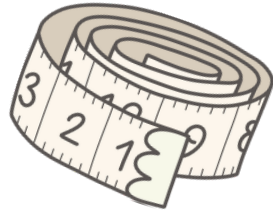
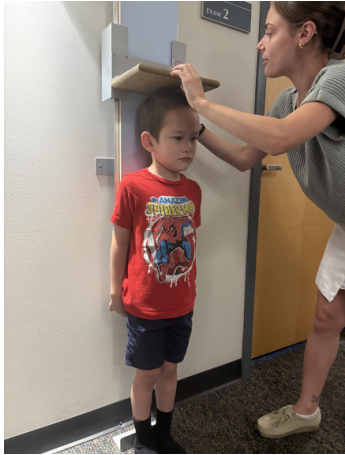
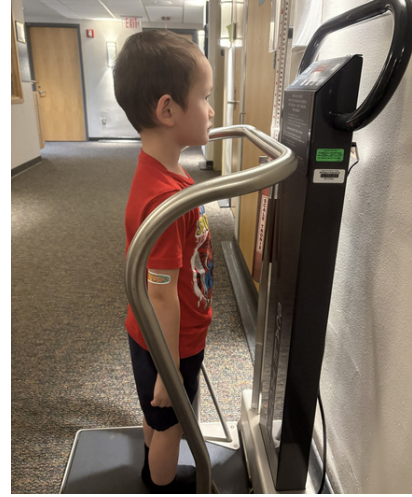
Greetings from the Nourish Study Team!

We hope that your family is enjoying the sunshine and warmth. We have loved getting to see your kiddos in our follow-up clinic! So far, we have had 20 5-year visits, and will be finishing up our last 19 2-year visits around this time next year. We also hit a new milestone this summer: all of our enrolled babies have now turned 1. We look forward to continuing to watch them grow!



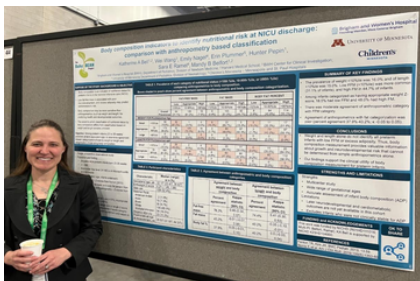
Look at us grow!

The growth from the NICU to 2-years to 5-years has been wild! Here are some of our study kiddos demonstrating how much they have grown. Thank you for letting us continue to be a part of your child's journey!



Where are they now?

After 3 years with the Nourish team, Research Assistant Sarah Roytek is heading off to UTMB for PA school. We are incredibly proud of Sarah and thankful for everything she has done for the Nourish Study. Best of luck in Texas Sarah, we are so excited to see what your future holds!



Nourish at PAS

The Nourish Team attended the Pediatric Academic Societies Conference in Boston earlier this year. Our study's Principal Investigator, Dr. Mandy Belfort, and one of our Co-Investigators, Dr. Katherine Bell, presented posters at the conference. One of our Research Assistants, Sarah Roytek, and our collaborator, Maria Lithoxopoulou, gave oral abstract presentations as well.