

SUMMER 2023

NOURISH NEWS



Updates for the parents of babies in the Nourish Study, a research study at BWH

OVERVIEW:

- Study Progress
- Then and Now
- Where are they now?
- Staff Spotlight

Contact us with any questions or updates!

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Greetings from the Nourish Study Team!

Happy Summer! We hope you and your families have been doing well at home.

We are continuing to enroll families in the NICU and are 2/3 of the way to our recruitment goal of 130 babies! Our 2-year follow-up visits are well underway, with almost 20 visits completed. We look forward to seeing your 2-year-old when the time comes!



Then and Now

We love meeting you and your babies in the NICU and getting to know you through your stay. But...our favorite part of the study is watching your babies grow, from their time in the NICU all the way up to 2-years corrected-age!



Where are they now?

Former Research Assistants Andrea and Jordan will be finishing nursing school this year, both with hopes of becoming NICU nurses! Meghana is off to start a Master's program at the Harvard T.H. Chan School of Public Health this fall!

Staff Spotlight: Emily Zucker, BA Clinical Research Assistant



Emmy Zucker graduated from the University of Virginia with a Bachelor of Arts in Public Health and Religious Studies. She conducted research in the NICU at UVA and is excited to join the Nourish team to continue learning in this field. Her goal is to become a neonatologist and conduct research to improve outcomes for premature neonates. In her free time she likes to cook, listen to live music, and travel.