

WINTER/SPRING 2022

NOURISH NEWS



Updates for the parents of babies in the Nourish Study, a research study at BWH

OVERVIEW:

- 2022 Greetings
- Study Progress
- Staff Spotlight

Contact us with any questions or updates!

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Nourish Updates

Greetings from the Nourish Study Team!

Happy 2022! We hope that your families are adjusting well to life at home and enjoyed the holiday season. We now have a total of 50 enrolled infants (including 5 sets of twins)! In the year 2021, we made a lot of progress:

- Enrolled 35 new infants in Nourish
- Saw families at more than 50 follow up visits
- Performed 25 MRIs
- Completed 84 sets of anthropometric measures
- Performed 36 Pea Pods and 62 BIA measures



One is FUN!

As 4-month follow up clinic visits continue, 1-year visits have just begun! We continue to enjoy connecting with you in the clinic during your regular visits. We also want to thank parents for sharing photos of babies as they grow - we love receiving them and keeping in touch!

Our team wishes you all a happy and healthy next year.



Staff Spotlight: Andrea Klein & Jordan O'Brien

Nourish Research Assistants



About Andrea

I grew up in California, and graduated from Penn in 2019 with a degree in biology. My favorite part of working on the study is receiving photo updates and seeing you all in follow-up clinic - it is wonderful watching your children grow! I will be starting nursing school this summer, and I look forward to staying in touch with the Nourish team and hearing about the study's continued success.

About Jordan

Originally from New Jersey, I received my BS in Neuroscience from University of New Hampshire and MS in Physiology from Georgetown University. This upcoming Fall of 2022 I will be continuing my studies at a 1-year accelerated nursing program with plans to become a NICU Nurse. My interest in nursing developed through interacting with babies and families in our study. Fun Fact: I was also a premie born at 24 weeks.